

**Disclaimer:**

Expect a shift, expect to do the work to make the shift, laughter encouraged, know this is a safe place to come and be your true, authentic self.

Please be our Advocate and help to promote our Workshop, do not disclose what you'll learn here.

**Facility:**

<u>Day event *11:00-2:00</u>	<u>Evening event *6:00-9:00</u>
<b>Carillon Point Business Complex</b>	<b>Alexa's Café</b>
5400 Carillon Point Kirkland, WA 98033 Building 5000, 4 <sup>th</sup> Floor	10115 Main St (between N 101st Ave & N 102nd Ave) Bothell, WA 98011
Parking is extra, at the cost of \$4-\$6	Free Parking in the back
Sue @ 206-300-2227	Sue @ 206-300-2227

**Time:**

\*TIME COPS. We do not want to waste anyone's time and expect everyone to be respectful of the other participants' start time and arrive 10 minutes early, this will help you to acclimate and get set up. Our focus is in creating a new self and if being late is one of your old habits, then please leave that bad habit at the door and be 10 minutes early.

*If you know you will be late simply call us to leave a message and state your full name and date of seminar and we will gladly reschedule.206-300-2227*

**There are NO refunds, only reschedules.**

**Legal stuff:**

None of what we teach is meant for legal or medical advice. Sue Lundquist – Founder and President of I'm Thankful, LLC and Amanda Mayo – Founder and President of Strenua Group, LLC are not liable for those choices, behaviors or what you interpret to be your truth gained from your experience. No recording devices. This workshop is proprietary, copy written material and should not be copied or distributed in any manner. ©2012

**Housekeeping:**

Please be prepared with pen and paper.

All our information is copyright protected and we expect you to honor this and not copy our literature.

By signing up, attending and/or paying for this workshop you agree to these terms. If copied and prosecution ensues you agree to covering all cost for I'm Thankful, LLC, Sue Lundquist and Strenua Group, LLC, Amanda Mayo and our partners and sponsors.

**Presented to you by:**

Sue Lundquist – Founder & President, I'm Thankful, LLC – [www.imthankful.com](http://www.imthankful.com)

Amanda Mayo – Founder & President, Strenua Group, LLC – [www.strenuagroup.com](http://www.strenuagroup.com)

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